

DR. AL ALY

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Al Aly, MD

Staff Physician, Plastic Surgery, Surgical
Subspecialties Institute



BIOGRAPHY

Dr. Aly, MD, is a Staff Physician in the Surgical Subspecialties Institute at Cleveland Clinic Abu Dhabi. He is a plastic surgeon specializing in aesthetic surgery of the face, as well as body contouring after massive weight loss. Dr. Aly pioneered the subspecialty of body contouring after massive weight loss and has either invented or developed most of the currently utilized procedures in this field, including Belt Lipectomy, Body and Upper Body Lift, Tummy Tuck, Arm Reduction (Brachioplasty), Thigh Reduction and Male Breast Reduction.

Dr. Aly is one of only six to have received the Lockwood Award, granted to those who have made major contributions to the field of body contouring plastic surgery.

Dr. Aly has lectured and given surgical demonstrations in over 25 countries. He initiated and developed the first online plastic surgery textbook and is currently the Editor-in-Chief of the Plastic Surgery Education Network, the largest online plastic surgery education online portal. He is also currently the President of the Aesthetic Surgery Research & Education Foundation.

Dr. Aly received his medical degree from the Georgetown University School of Medicine in Washington, DC, US. He completed his residency in surgery at the University of California Medical Center in Los Angeles, California, US, and in Otolaryngology and Head and Neck Surgery at the Vanderbilt University Medical Center in Nashville, Tennessee, US. He completed his residency in Plastic and Reconstructive Surgery at the University of Miami Hospitals & Clinics in Miami, Florida, US.

Dr. Aly lives in Abu Dhabi with his wife and two children. He enjoys soccer, having played at the semi-professional level.

PROFESSIONAL JOURNEY

MEDICAL SCHOOL

1979 - 1983

GEORGETOWN UNIVERSITY SCHOOL OF MEDICINE, WASHINGTON, DC, US

LANGUAGES
SPOKEN

EN

SURGEON



YEARS OF
EXPERIENCE

35

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Dr. Al Aly can help you with...

Aesthetic And Cosmetic Surgery

Massive Weight Loss Body Contouring

Belt Lipectomy

Body Lift

Brachioplasty (Arm Reduction And Lift)

Upper Body Lift

Thigh Reduction

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Achievements & Career Highlights

- Pioneered and developed Massive Weight Loss Body Contouring Surgery, a major subspecialty of plastic surgery
- Edited and published the first textbook and industry reference on Body Contouring After Massive Weight Loss
- Rewarded "Lockwood Award" given by the American Society of Aesthetic Plastic Surgery (ASAPS) for major contributions in body contouring plastic surgery (only awarded six times in history)
- Recognized world expert in Belt Lipectomy, Body and Upper Body Lift, Tummy Tuck, Arm Reduction (Brachioplasty), Thigh Reduction, Male Breast Reduction and Breast Reconstruction in Massive Weight Loss patients
- Lectured and gave live surgery demonstrations in over 25 countries
- Edited the first ever online plastic surgery textbook on E-medicine
- Editor-in-Chief, Plastic Surgery Education Network
- Member, Board of Directors, American Society of Aesthetic Plastic Surgery
- President, Aesthetic Society Education and Research Foundation, 2014 - 2015
- Co-chair of Education, American Society of Aesthetic Plastic Surgery, 2012 - 2014

1979

Doctor of Medicine (MD)

RESIDENCY

1995 - 1997

UNIVERSITY OF MIAMI HOSPITALS CLINICS, MIAMI, FLORIDA, US
Resident, Plastic and Reconstructive Surgery

1995

1988 - 1992

VANDERBILT UNIVERSITY MEDICAL CENTER, NASHVILLE, TENNESSEE, US
Resident, Otolaryngology and Head and Neck Surgery

1988

1983 - 1985

UNIVERSITY OF CALIFORNIA LOS ANGELES MEDICAL CENTER, LOS ANGELES, CALIFORNIA, US
Resident, Surgery

1983

FELLOWSHIP

1992 - 1993

UNIVERSITY OF CALIFORNIA IRVINE MEDICAL CENTER, ORANGE, CALIFORNIA, US
Fellow, Facial Plastic and Reconstructive Surgery

1992

1987 - 1988

VANDERBILT UNIVERSITY MEDICAL CENTER, NASHVILLE, TENNESSEE, US
Fellow, Laser Research

1987

1985 - 1987

UNIVERSITY OF CALIFORNIA LOS ANGELES MEDICAL CENTER, LOS ANGELES, CALIFORNIA, US
Research Fellow, Department of Surgery and Otolaryngology

1985

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