

# DR. ALLISON C. HERBERT

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## Allison C. Herbert, MD

Staff Physician, Executive Health, Medical  
Subspecialties Institute



LANGUAGES  
SPOKEN

EN

YEARS OF  
EXPERIENCE

15

## BIOGRAPHY

Allison C. Herbert MD, is a Staff Physician in the Department of Preventive Medicine and Executive Health in the Medical Subspecialties Institute at Cleveland Clinic Abu Dhabi.

Prior to joining Cleveland Clinic Abu Dhabi, Dr. Herbert practiced internal medicine at Perspective Health & Wellness with Atrium Healthcare in Charlotte, North Carolina. She focused on preventative medicine, lifestyle management, traditional internal medicine, and executive health. Prior to joining Perspective Health & Wellness, she practiced for 10 years at Mecklenburg Medical Group with Atrium HealthCare in Charlotte, North Carolina where she focused on women's health, geriatric medicine, preventative medicine and general internal medicine.

Dr. Herbert served as Medical Director of her practice at Mecklenburg Medical Group where she was responsible for: implementing, monitoring and ensuring achievement of physician performance standards, identifying opportunities for process and quality improvements, and advising senior management of the same. She also served on the following committees at Atrium Healthcare: Clinical Quality Improvement, High Risk Medication in the Elderly, and the Diabetic Care Pathway.

Dr. Herbert also served as the Internal Medicine Medical Director at the Center for Advanced Practice with Atrium HealthCare in Charlotte, North Carolina. She was responsible for overseeing the 1 year fellowship program for nurse practitioners and physician assistants.

Dr. Herbert received her medical degree from the University of North Carolina School of Medicine in Chapel Hill, North Carolina. She completed her residency at Carolinas Medical Center in Charlotte, North Carolina.

Dr. Herbert resides in Abu Dhabi with her husband and two children. She enjoys cooking, gardening, travelling, and spending time with her family.

## PROFESSIONAL JOURNEY

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### Dr. Allison C. Herbert can help you with...

Diabetes

Hypertension

High Cholesterol

Thyroid Disease

Mental Health (Depression/Anxiety)

Women Health

Preventative/Lifestyle Medicine

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### Achievements & Career Highlights

- Carolinas Healthcare System- Physician Leadership Institute graduate, 2015
- Medical Director of Internal Medicine, 2009-2016
- Medical Director for Center of Advanced Practice, 2015-2018
- Electronic Medical Record Super User, 2009-2016
- Clinical Quality and Improvement Committee, 2015- 2016
- High Risk Medication in the Elderly Carolinas Healthcare System committee, 2015-2016
- Chief Resident, 2005-2006
- Clinical Vignette Finalist- American College of Physicians
- American College of Physicians, Fellow
- North Carolina Medical Society, Member

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#### MEDICAL SCHOOL

1999

1999 - 2003

UNIVERSITY OF NORTH CAROLINA SCHOOL OF MEDICINE, CHAPEL HILL, NORTH CAROLINA, US

Medical Student

#### INTERNSHIP

2003

2003 - 2004

CAROLINAS MEDICAL CENTER, CHARLOTTE, NORTH CAROLINA, US

Intern- Internal Medicine

#### RESIDENCY

2004

2004 - 2006

CAROLINAS MEDICAL CENTER, CHARLOTTE, NORTH CAROLINA, US

Chief Resident, Internal Medicine

#### WORK EXPERIENCE

2016

2016 - 2018

PERSPECTIVE HEALTH WELLNESS, ATRIUM HEALTHCARE - CHARLOTTE, NORTH CAROLINA, USA

Physician, Internal Medicine

2006

2006 - 2016

MECKLENBURG MEDICAL GROUP, ATRIUM HEALTHCARE- CHARLOTTE, NORTH CAROLINA, USA

Physician and Medical Director, Internal Medicine

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