

# DR. AYESHA AHMED

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## Ayesha Ahmed, MBBS

Staff Physician, Psychiatry, Inpatients  Internal Referrals, Neurological Institute


**LANGUAGES  
SPOKEN**
EN UR +
**YEARS OF  
EXPERIENCE**
**17**

## BIOGRAPHY

Dr. Ayesha Ahmed, MBBS, is a Staff Physician in the Neurological Institute at Cleveland Clinic Abu Dhabi.

Prior to joining Cleveland Clinic Abu Dhabi, Dr. Ahmed practiced as a Consultant Psychiatrist at the Lincolnshire Partnership National Health Service (NHS) Foundation Trust, Lincoln, UK. She has extensive experience helping patients manage psychiatric conditions and has provided consultations in liaison psychiatry, early intervention in psychosis, psychiatric intensive care, community & rehabilitation psychiatry, assertive outreach, crisis resolution & home treatment, perinatal mental health and adult ADHD.

Dr. Ahmed earned her MBBS from Fatima Jinnah Medical College, Lahore, Pakistan and completed her residency and fellowship training in National Health Service (NHS) Trust teaching hospitals in London and Leicester, both in the UK. Throughout her career, she has been actively involved in teaching medical students and is an advocate of patient education.

She has a keen interest in studying and minimizing stigma associated with psychiatric care.

## PROFESSIONAL JOURNEY

### MEDICAL SCHOOL

1987 - 1993  
**FATIMA JINNAH MEDICAL COLLEGE, LAHORE, PAKISTAN**  
 Bachelor of Medicine, Bachelor of Surgery (MBBS)

### RESIDENCY

2004 - 2007  
**LEICESTERSHIRE PARTNERSHIP NATIONAL HEALTH SERVICE (NHS) TRUST, LEICESTER,**  
 2004

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### Dr. Ayesha Ahmed can help you with...

Depression

Bipolar And Other Mood Disorders

Stress Disorders, Including PTSD

Anxiety Panic Disorders

OCD

Schizophrenia And Other Psychotic Disorders

Perinatal Mental Health Conditions

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### Achievements & Career Highlights

- Certificate of Completion of Training in General Adult Psychiatry, London, UK
- Certificate of Completion of Training in Liaison Psychiatry, London, UK
- Member, Royal College of Psychiatrists, London, UK
- Involved in Multicenter National Randomized Control Trial on Bipolar Disorders, PARADES, funded by NIHR, UK
- Recipient, Best Class Representative Award, Medical School
- AuthorSimply Psychiatry, an educational resource for trainees

< BACK

UK

Resident, Psychiatry

2003 - 2004

WEST LONDON MENTAL HEALTH NATIONAL HEALTH SERVICE NATIONAL HEALTH SERVICE (NHS) TRUST, LONDON, UK

Resident, Psychiatry

2003

FELLOWSHIP

2007 - 2010

LEICESTERSHIRE PARTNERSHIP NATIONAL HEALTH SERVICE (NHS) TRUST, LEICESTER, UK

Specialist Registrar

2007

WORK EXPERIENCE

2013 - 2015

LINCOLNSHIRE PARTNERSHIP NATIONAL HEALTH SERVICE (NHS) FOUNDATION TRUST, LINCOLN, UK

Consultant Physician, Psychiatry

2013

2012 - 2013

ROTHERHAM, DONCASTER SOUTH HUMBER NATIONAL HEALTH SERVICE (NHS) FOUNDATION TRUST, DONCASTER, UK

Consultant Physician, Psychiatry

2012

2011 - 2012

DERBYSHIRE HEALTHCARE NATIONAL HEALTH SERVICE (NHS) FOUNDATION TRUST, CHESTERFIELD, UK

Consultant Physician, Psychiatry

2011

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