

DR. OTHON WILTZ

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Othon Wiltz, MD

Staff Physician, Colorectal Surgery, Digestive
Disease Institute



BIOGRAPHY

Othon Wiltz, MD , is a Staff Physician in the Digestive Disease Institute at Cleveland Clinic Abu Dhabi.

He was born in La Habana, Cuba and came over to the United States as a child in 1959. He eventually moved to San Juan, Puerto Rico, graduated from Colegio San Ignacio High School and went to college at Johns Hopkins University in Baltimore.

Eventually, he completed his medical school in New York City at Columbia University and married his wife Mary and moved to Boston to complete his general surgery residency at the Deaconess/Beth Israel Hospital.

During that period, he completed a two year surgical oncology basic science fellowship at the Dana Farber Cancer Institute. After completing his surgical training, he moved to Minneapolis to complete a Colon and Rectal Surgery fellowship at the University of Minnesota.

During the year in Minneapolis, his first daughter Katerina Maria was born.

He then moved with his young family to work with his father in colon and rectal surgery until 2006. His second daughter, Natasha was born in 1997 in Miami, Fl.

The entire family moved to Arlington, Virginia where he developed the new colon and rectal surgery program from 2006 until 2016. The program eventually had five consultants.

Once he completed his tenure at VHC, he spent one year developing the robotic colo-rectal program at Memorial Healthcare Systems in South Florida. And most recently he was again in private practice with Virginia Surgery Associates in Fairfax, Virginia.

In his free time, he likes to dance with his wife of 36 years and travel the world.

PROFESSIONAL JOURNEY

LANGUAGES
SPOKEN

EN ES

SURGEON



YEARS OF
EXPERIENCE

33

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Dr. Othon Wiltz can help you with...

Colon And Rectal Cancer

Hemorrhoids

Fissures

Fistulae

Inflammatory Bowel Disease

Crohn's Disease

Ulcerative Colitis

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Achievements & Career Highlights

- Worked with my father at beginning of my career in San Juan until his retirement
- Started Colon and Program at Virginia Hospital Center growing to 5 full time physicians
- Started Robotic Colon and rectal Surgery Program at Memorial Hospital in Florida
- Developed Robotic colon and rectal surgery program at Inova Alexandria Hospital in Virginia

MEDICAL SCHOOL

1981

1981 - 1985

COLUMBIA UNIVERSITY COLLEGE OF PHYSICIANS AND SURGEONS, NEW YORK, NEW YORK, US

Medical student

INTERNSHIP

1985

1985 - 1986

DEACONESS/BETH ISRAEL HOSPITAL, BOSTON, MA,USA

Surgical intern, PGY1

RESIDENCY

1986

1986 - 1992

DEACONESS/BETH ISRAEL HOSPITAL, BOSTON, MA,USA

Surgical Resident PGY2-PGY5

FELLOWSHIP

1992

1992 - 1993

MINNEAPOLIS, MN,USA

Fellow Colon and rectal Surgery

WORK EXPERIENCE

2017

2017 - 2018

FAIRFAX, VA, USA

Attending Surgeon, Colon and Rectal Surgery

2016

2016 - 2017

FT LAUDERDALE, FL, USA

Chief Colon and Rectal Surgery

2006

2006 - 2016

ARLINGTON, VA, USA

Chief of Colon and Rectal Surgery

1993

1993 - 2006

SAN JUAN, PUERTO RICO, USA

Attending surgeon, Colon and rectal Surgery

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