

# DR. SAHAR M. HINDI

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## Sahar M. Hindi , MD

Staff Physician, Endocrinology, Medical  
Subspecialties Institute

LANGUAGES  
SPOKEN

EN AR

YEARS OF  
EXPERIENCE

10

## BIOGRAPHY

Dr. Sahar Hindi, MD, is a Staff Physician in the Endocrinology department of the Medical Subspecialties Institute at Cleveland Clinic Abu Dhabi. She is dual American Board Certified in Diabetes, Endocrinology and Metabolism in addition to Internal Medicine.

Prior to joining the Cleveland Clinic Abu Dhabi, Dr. Hindi served as Assistant Professor in the Division of Endocrinology, Diabetes and Metabolism at the University of Texas Southwestern (UTSW) Medical Center in Dallas, Texas. At UTSW, Dr. Hindi was actively involved in medical education and teaching of medical students, residents and fellows.

Dr. Hindi received her undergraduate degree with distinction from The George Washington University in Washington, D.C., graduating Summa Cum Laude. She went on to earn her medical degree from The George Washington University School of Medicine, where she received the Dean's Distinguished Healthcare Scholar Award and was accepted into a highly competitive internship at the World Health Organization in Geneva, Switzerland. She then completed her residency in Internal Medicine at Case Western Reserve University in Cleveland, Ohio, where she was active in global health.

Dr. Hindi subsequently completed her fellowship in Diabetes, Endocrinology and Metabolism at the University of California, San Francisco (UCSF). At UCSF, Dr. Hindi received advanced training in clinical research and conducted in-depth research in diabetes mellitus, with a focus on pancreatic beta-cell function in pregnancy, as well as in metabolic bone diseases. She has subsequently published articles in peer-reviewed medical journals and presented at major international medical conferences. Dr. Hindi was also among a small number of fellows selected from the US and Canada to attend a competitive preceptorship for advanced training in Metabolic Bone Disease at Columbia University in New York City.

Dr. Hindi is passionate about global health and the delivery of high-quality, patient-centered care. She has broad experience in general endocrinology with a special interest in the management of diabetes mellitus, osteoporosis, metabolic bone disease and women's health.

## PROFESSIONAL JOURNEY

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## Dr. Sahar M. Hindi can help you with...

General Endocrinology

Diabetes

Diabetes In Pregnancy

Obesity Metabolic Syndrome

Osteoporosis

Metabolic Bone Disease

Parathyroid Disorders

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## Achievements & Career Highlights

- American Board Certified in Endocrinology, Diabetes and Metabolism
- American Board Certified in Internal Medicine
- Assistant Professor and Clinical Educator, Division of Endocrinology, Diabetes and Metabolism, University of Texas Southwestern Medical Center, Dallas, Texas
- Consultant Endocrinologist, Sutter Pacific Medical Foundation, Santa Rosa, California
- Fellowship in Endocrinology, Diabetes and Metabolism at the University of California, San Francisco (UCSF)
- Advanced training in Metabolic Bone Disease at Columbia University, New York, New York
- Recipient, Endocrine Society Outstanding Abstract Award
- Recipient, Dean's Distinguished Healthcare Scholar Award
- Recipient, The George Washington University Distinguished Scholar Award
- Recipient, The George Washington University Alumni Association Award
- Internship, The World Health Organization, Geneva, Switzerland
- Research Fellowship, The National Institutes of Health (NIH), Bethesda, Maryland

## PROFESSIONAL JOURNALS

### MEDICAL SCHOOL

2005

2005 - 2009

THE GEORGE WASHINGTON UNIVERSITY SCHOOL OF MEDICINE HEALTH SCIENCES,  
WASHINGTON, D.C., US  
**Doctor of Medicine (MD)**

### INTERNSHIP

2009

2009 - 2010

CASE WESTERN RESERVE UNIVERSITY - UNIVERSITY HOSPITALS CASE MEDICAL CENTER,  
CLEVELAND, OHIO, US  
**Intern, Department of Internal Medicine**

### RESIDENCY

2010

2010 - 2012

CASE WESTERN RESERVE UNIVERSITY - UNIVERSITY HOSPITALS CASE MEDICAL CENTER,  
CLEVELAND, OHIO, US  
**Resident, Department of Internal Medicine**

### FELLOWSHIP

2013

2013 - 2016

UNIVERSITY OF CALIFORNIA, SAN FRANCISCO (UCSF), SAN FRANCISCO, CALIFORNIA, US  
**Fellow, Division of Diabetes, Endocrinology and Metabolism**

### WORK EXPERIENCE

2017

2017 - 2017

UNIVERSITY OF TEXAS SOUTHWESTERN MEDICAL CENTER, DALLAS, TEXAS, US  
**Assistant Professor, Division of Endocrinology, Diabetes & Metabolism**

2016

2016 - 2016

SUTTER PACIFIC MEDICAL FOUNDATION, SANTA ROSA, CALIFORNIA, US  
**Consultant Endocrinologist**

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