

DR. SHIVAM OM MITTAL

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Shivam Om Mittal, MD

Staff Physician, Neurology, Neurological Institute



LANGUAGES
SPOKEN

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YEARS OF
EXPERIENCE

7

BIOGRAPHY

Shivam Om Mittal, MD, is a Staff Physician in the Neurological Institute at Cleveland Clinic Abu Dhabi. Prior to joining Cleveland Clinic Abu Dhabi, Dr. Mittal was a Parkinson's Disease and Movement Disorders Specialist and Consultant Neurologist at Columbia Asia Hospital and Vikram Hospital, Bangalore, India.

Dr. Mittal received his medical degree from Datta Meghe University of Medical Sciences University, Wardha, India. He completed his Neurology residency at University Hospitals Case Medical Center, Case Western Reserve University, Cleveland, Ohio, USA. He did postdoctoral fellowship in Botulinum Toxin Treatment at the prestigious Yale University, where he initiated several clinical studies and streamlined unique treatment options for movement disorders. To pursue his interest further in the field of Clinical Movement Disorders, he completed a fellowship in Parkinson's Disease and Movement Disorders at the Renowned Mayo Clinic, Minnesota, USA.

Dr. Mittal returned to India after completing his residency and advance training in USA to work in busy tertiary hospitals in south India, where he was able to develop a Movement Disorders Department to cater to a large population with facilities of deep brain stimulation and botulinum toxin injections. He has performed botulinum toxin (Botox) injections for more than 1000 patients for common conditions, such as writer's cramp, cervical dystonia, hemifacial spasms, blepharospasm and spasticity. He also performed Botox injections for uncommon indications, such as essential tremor, parkinson's disease tremor, drooling of saliva, excessive sweating and oromandibular dystonia. He had solid exposure to a range of neurological disorders along with his commitment to high-quality health care, first-class training and treatment skills, and an indubitable desire to continually improve the quality of life of the patients. His motto is "patient centered care" and finds gratification in being responsible and taking care of his patients.

Dr. Mittal lives in Abu Dhabi with his wife and two sons. He enjoys cycling, listening to music and spending time with his family.

PROFESSIONAL JOURNEY



Dr. Shivam Om Mittal can help you with...

Movement Disorders

Deep Brain Stimulation

Chemodenervation / Botulinum Toxin Clinic

Parkinson's Disease Atypical Parkinsonian Disorders

Tremor

Essential Tremor

Dystonia

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Achievements & Career Highlights

- Board Certified Neurologist in USA, American Board of Psychiatry and Neurology
- Mt. Sinai Garson Award for clinical research at Case Western Reserve University, Cleveland, USA , 2015.
- Junior Investigator Award by the Parkinson's Study Group, New Jersey, USA, 2017
- Trainee Award by the Association of Indian Neurologists in America at American Academy of Neurology, Vancouver, Canada, 2016.
- Pioneer in the treatment of botulinum toxin injections for medically refractory tremor in essential tremor, Parkinson's disease
- Faculty to teach botulinum toxin injections at several conferences, 2017-2019
- Invited speaker at several conferences on unique indications of botulinum toxin treatment in movement disorders, 2017-2019
- Authored more than 25 peer-reviewed manuscripts, 35 conference presentations and book chapters, with expertise in movement disorders
- First authored publications of multiple randomized double blinded placebo-controlled studies for treatment of tremor, Parkinson's disease and Restless Leg Syndrome
- Active member of professional organizations including the American Association of Neurology(AAN), the American Neurological Association (ANA),

MEDICAL SCHOOL

2005

2005 - 2011

JAWAHARLAL NEHRU MEDICAL COLLEGE, WARDHA, INDIA

Doctor of Medicine (MD)

RESIDENCY

2012

2012 - 2016

UNIVERSITY HOSPITALS CASE MEDICAL CENTER, CASE WESTERN RESERVE UNIVERSITY, CLEVELAND, OHIO, USA

Resident, Department of Neurology

FELLOWSHIP

2016

2016 - 2017

MAYO CLINIC SCHOOL OF MEDICINE, ROCHESTER, MINNESOTA, USA

Clinical Fellow in Movement Disorders, Department of Neurology

2011

2011 - 2012

YALE UNIVERSITY, NEW HAVEN, CT, USA

Post-Doc Research Fellow in Movement Disorders

WORK EXPERIENCE

2017

2017 - 2019

COLUMBIA ASIA HOSPITAL, BANGALORE, INDIA

Consultant, Department of Neurology

Association of Indian Neurologist of America(AINA), International Movement Disorder Society (MDS), Indian Association of Neurology (IAN), Movement Disorder Society of India (MDSI)

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