

STALORAL

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Staloral

Staloral Oral/Sublingual immunotherapy is an effective treatment for allergies. It is indicated for patients suffering from moderate to severe allergic rhinitis and/or mild to moderate allergic asthma.

How does allergen immunotherapy work?

Allergen Immunotherapy reduces the inflammation by:

- Reducing the production of antibodies (IgE) which induce an allergic reaction.
- Reducing the production of chemical substances that are released after contact with the allergen.

How to take the Staloral

- Staloral is a liquid solution in a vial endowed with a dosage pump
- Take in the morning on an empty stomach
- Keep under tongue for at least 2 minutes, then swallow
- The drops can have a salty/sweet oily or unpleasant taste
- Do NOT eat or drink anything for 15 minutes
- In case you forget to take the medication in the morning, take before bedtime instead.

Side effects:

Common side effects:

- Oral itching or swelling
- Tongue swelling
- Throat irritation

Uncommon side effects:

- Upset stomach, diarrhea
- Coughing, sneezing

Controlling side effects

- The itchy mouth usually settles after 4-6 weeks. Inform your doctor if it does not. An antihistamine may be prescribed
- Local itching can be minimized by directing the liquid to under the side of tongue instead of under the front
- If side effects are bothering you: call your doctor for further advice

What should be done in case of omission?

- Less than one day: continue as usual the next day.
- Less than one week: resume taking it as usual without any change.
- More than one week: call your doctor for advice.

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