

# WHAT IS EPILEPSY MONITORING UNIT (EMU)?

## Before the procedure

## The day of the procedure

## After the procedure

## Discharge instructions

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## What Is Epilepsy Monitoring Unit (EMU)?

EMU stands for Epilepsy Monitoring Unit, which is used to:

- Evaluate patients for epilepsy.
- Classify types of seizures and their location.
- Determine the frequency, type and nature of a patient's seizure episodes.
- Identify between epileptic disorders versus non-epileptic mechanism.

### Before the procedure

- Please bring your Emirates ID and insurance card.
- Please arrive 15 minutes before your scheduled appointment.
- Admission time is from 11:00 am to 1:00 pm.
- Please be on time for your appointment, otherwise it will be rescheduled. **Note:** please inform the call center in advance if you will be late. The grace period is one hour only.
- First, you will meet with a Patient Access Representative (PAR) at a registration desk in the main hospital entrance to review your medical insurance card, Emirates ID and perform your registration check in.
- Only one family member is allowed to stay with you for the duration of one to five days.

### The day of the procedure

- Please arrive 15 minutes before your scheduled appointment.
- After your registration, the transport team will assist you to your assigned room located on the 10th floor.
- Please refrain from putting any hair care products (hair gel, hair spray, etc.) and make-up prior to the procedure, as these will interfere with the recordings.
- Bring a list of your medications with you.
- Bring your laptop and anything else to occupy your time during the duration of your stay.
- You will then meet with a technician who will explain the procedure in detail, its duration and answer any questions that you may have.
- Electrodes will be glued to your head.
- A camera will record your continuous physical and audio/noise activities while continuous electroencephalogram (EEG) recording detects seizure activities or events.
- You will be monitored continuously, 24 hours per day.
- Usually the procedure lasts from one to five days.

### After the procedure

- Once the study is completed, a technician will remove all electrodes from your head and body.
- You have the option to take shower before leaving the hospital.
- A nurse will review your discharge instructions with you.

### Discharge instructions

- You will meet with a Patient Access Representative (PAR) at the registration desk who will review your follow-up appointment schedule.
- When you return home, remove excess residue with a hair comb and oil, and wash with warm water and shampoo.
- Return to normal activity, no restrictions.
- Your test results will be released by the HIMS (Hospital Information Management System), located on Level P1, after five working days. They will be sent to the physician who ordered the test.
- During your follow-up appointment, your physician will discuss your test results with you.

If you have any questions, please call Cleveland Clinic Abu Dhabi at **800 8 CCAD (2223)**, extension 65819, Sunday through Thursday, from 8:00 am to 5:00 pm.

This information is provided by Cleveland Clinic Abu Dhabi, part of Mubadala Healthcare, and is not intended to replace the medical advice of your doctor or health care provider. Please consult your health care provider for advice about a specific medical condition.

Speak with our Contact Center for assistance

 800 8 2223

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